

SHOES

Closed-toe shoes such as sneakers or tennis shoes.
Flip flops are okay, but only for the shower.
No slip-on shoes are allowed on the ropes course.
(Example: TOMs shoes, etc).

CLOTHING

Comfortable clothes - jeans or shorts, T-shirts (long
sleeved T-shirts), hoodies or a light jacket.
Appropriate sleep wear.
Raingear - rain slicker or umbrella
Check the weather forecast before packing.

BEDDING

Sleeping bag Pillow Blanket Pillow
Bring whatever works best for you.

LINENS

Towel and wash cloth
(An old towel or beach towel is best.)

TOILETRIES

Toothbrush
Toothpaste
Shampoo
Soap
Deodorant

FOOD AND BEVERAGES

Most camps do not allow food or beverages in the
cabins. Do not bring food or drinks with you.

We will provide plenty of great meals and snacks
throughout the weekend. If you require special
meals/snacks, do not hesitate to let us know so that
we can see to your needs.

ELECTRONICS

Do not bring expensive items with you to
GKSLR, such as iPod, iPad, Kindle, Nook, smart
phones or cash.

**GA Student Leadership Retreat is not responsible
for any loss or damage to personal property.**

OTHER NEEDED ITEMS

Water bottle
Flashlight – if you have one.
Small self portrait photo for your GKSLR
mailbox.
All forms sent to you by email, signed by a parent.
All medications needed for the weekend.

MEDICATION

- We will not collect medications; you are responsible for taking your own medicine.
- Be sure to list all medications on your medical form.

FORMS

Bring forms sent to you by email prior to the weekend. A **medical form** and **community values form** is required. Both forms need a parent/guardian signature. If the camp you are attending requires a specific release form, it will be sent to you the week of the scheduled weekend. You can also find these forms on our website at www.GeorgiaKiwanis.com.